

Keep Our School Safe!

Practice good hygiene



Stop hand shakes and use **non-contact greeting methods**



Clean hands at the door and schedule regular hand washing reminders



Disinfect surfaces like doorknobs, tables, and desks regularly



Avoid touching your face and cover your coughs and sneezes

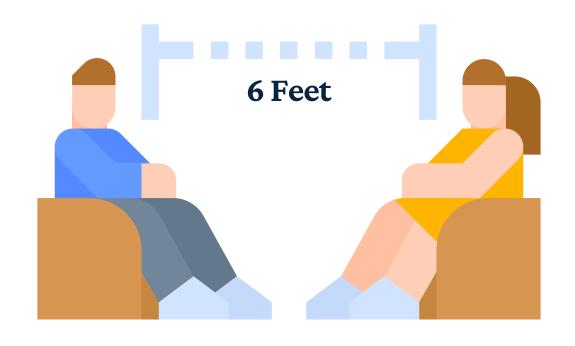


Increase ventilation by opening windows or adjusting air conditioning

Wear a Mask



Maintain a Safe Distance



Stay home if...

- You are **feeling sick**
- You have a sick family member at home
- You or a family member has been exposed to COVID-19



Take care of your emotional and mental well-being

Reach out if you need help or have questions.

Amanda Burrow, School Counselor aburrow@staff.gtchs.org

Tiff Peters, School Counselor tpeters@staff.gtchs.org

SOURCE: CDC.GOV